

May 2024

Transportation
Hours:
Monday through Friday
9am-4pm
Sunday Church Service
transportation available,
select churches on route.
Tuesday and Thursday
Shopping outings. Bus
leaves at 11:00am
Wednesday Lunch outing.
Bus leaves at 11:00am
To make transportation
request, please contact
Front Desk 24hrs in
advance. Transportation
program has a 14-mile
radius at no charge.

Calendar Legend
Activity and Social
Spaces
1st Floor
ROT- Rotunda
BISTRO- Bistro
THTR- Movie Theater
Pool- Pool
2nd Floor
GRT- Great Room
UL- Upper Lounge/ 2nd
Floor
WC- Wellness Center
3rd Floor
GR- Green Room
BC- Billiards and
Casino
4th Floor
CS- Creative Studio
L- Library

Daily Movies
We offer movie showings
twice a day: Matinees at
2pm and Evening
Showings at 6:30pm.
Come and watch a movie
with us.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<h1>May</h1>	9:30 Seated Strength Class (WC) 10:00 <u>Town Hall</u> (DR) 11:00 <u>Lunch at Tattoria's Pizza & Pasta</u> (BUS) 11:00 Colored Pencil Class (GR) 1:30 Corn Hole (GRT) 3:30 Ener-Chi (WC) 4:00 Social Hour (Bistro)	10:30 Art for All (CS) 10:45 Stability & Fall Prevention (CS) 11:00 Shopping at Dollar Tree (Bus) 11:30 Men's Strength (CS) 1:00 Music, Fitness, & Balance W/ Legacy (WC) 3:00 BINGO (BC) 6:00 All Games Night (BC)	9:30 Chair YOGA (WC) 11:00 Count Your Blessings (THTR) 1:30 Corn Hole (GRT) 2:00 Movie (THTR) 3:30 Individual Workout Training 4:00 Social Hour (Bistro) 6:15 Movie (THTR)	10:00 Chair Volleyball W/Nelly (WC) 10:35 Walk With Me (2nd Floor) 11:00 Journey to America Presentation by Monica Nguyen 11:30 Pool Volleyball (Pool) 1:30 Pool & Shuffleboard (GRT) 2:00 Kentucky Derby (THTR) 3:00 BINGO (BC)
5 8:30 Lighthouse Chapel W/Pastor Bart (BC) 10:00 Newspaper & Coffee (BISTRO) 1:00 Pool & Shuffleboard (GRT) 2:00 <u>Open Duplicate Bridge (GR)</u> 3:00 Ice Cream Social (BISTRO)	6 9:30 Seated Strength (WC) 10:15 Water Aerobics (Pool) 11:30 Men's Strength (WC) 1:00 Bridge (GR) 1:30 Crafts: Cards for Camp Hope Vets (Bistro) 3:30 Individual Workout Training (WC) 4:00 Social Hour (Bistro) 6:00 All Games (BC)	7 10:45 Stability & Fall Prevention (WC) 11:00 Shopping at Kroger (Bus) 11:30 Men's Strength (WC) 1:00 Music, Fit & Bal W/Legacy (WC) 1:00 Bible Study (BC) 3:00 BINGO (BC) 4:00 Social Hour (Bistro) 6:00 All Games Night (BC)	8 9:30 Seated Strength Class (WC) 10:00 <u>Food Forum</u> (DR) 11:00 <u>Lunch at Willie Icehouse</u> (BUS) 11:00 Colored Pencil Class (GR) 1:30 Corn Hole (GRT) 3:30 Ener-Chi (WC) 4:00 Social Hour (Bistro)	9 10:30 Art for All (CS) 10:45 Stability & Fall Prevention (WC) 11:00 Shopping @ HEB 11:30 Men's Strength (WC) 1:00 Bible Study (BC) 1:00 Music, Fitness, & Balance W/ Legacy (WC) 3:00 BINGO (BC) 6:00 All Games Night (BC)	10 9:30 Chair YOGA (WC) 11:00 Count Your Blessings (THTR) 1:00 Mother's Day Tea (Bistro) 1:30 Corn Hole (GRT) 3:30 Individual Workout Training (WC) 4:00 Social Hour (Bistro)	11 10:00 Chair Volleyball W/Nelly (WC) 10:35 Walk With Me (2nd Floor) 11:30 Pool Volleyball (Pool) 1:30 Pool & Shuffleboard (GRT) 3:00 BINGO (BC)
12 Happy Mother's Day 8:30 Lighthouse Chapel W/Pastor Bart (BC) 10:00 Newspaper & Coffee (BISTRO) 1:00 Pool & Shuffleboard (GRT) 2:00 <u>Open Duplicate Bridge (GR)</u> 3:00 Ice Cream Social (BISTRO)	13 9:30 Seated Strength (WC) 10:15 Water Aerobics (Pool) 11:30 Men's Strength (WC) 1:00 Bridge (GR) 3:30 Individual Workout Training (WC) 4:00 Social Hour (Bistro) 6:00 All Games (BC)	14 10:45 Stability & Fall Prevention (CS) 11:00 Shopping at Kroger (Bus) 11:30 Men's Strength (CS) 1:00 Music, Fit, & Bal W/Legacy (WC) 1:00 Bible Study (BC) 1:30 FACE Concert (BUS) 3:00 BINGO (BC) W/ Legacy 4:00 Social Hour (Bistro)	15 9:30 Seated Strength Class (WC) 11:00 <u>Lunch at Chuy's</u> 2:00 <u>Ambassador Meeting</u> 2:00 "Meet Author Gary Bauch" (BC) 3:30 Ener-Chi (WC) 4:00 <u>Social Hour Trivia W/ Steven (Bistro)</u>	16 10:30 Art for All (CS) 10:45 Stability & Fall Prevention (CS) 11:00 Shopping at Walmart (Bus) 11:30 Men's Strength (CS) 1:00 Music, Fitness, & Balance W/Legacy (WC) 3:00 BINGO (BC) 4:00 Social Hour (Bistro) 6:00 All Games Night (BC)	17 9:30 Chair YOGA (WC) 11:00 Count Your Blessings (THTR) 1:30 Shuffleboard (GRT) 3:30 Individual Workout Training (WC) 4:00 Social Hour (Bistro)	18 10:00 Chair Volleyball W/Nelly (WC) 10:35 Walk With Me (2nd Floor) 11:30 Pool Volleyball (Pool) 1:30 Pool & Shuffleboard (GRT) 3:00 BINGO (BC)
19 8:30 Lighthouse Chapel W/Pastor Bart (BC) 10:00 Newspaper & Coffee (BISTRO) 1:00 Pool & Shuffleboard (GRT) 2:00 <u>Open Duplicate Bridge (GR)</u> 3:00 Ice Cream Social (BISTRO)	20 9:30 Seated Strength (WC) 10:15 Water Aerobics (Pool) 11:30 Men's Strength (WC) 1:00 Bridge (GR) 3:30 Individual Workout Training (WC) 4:00 Social Hour (Bistro) 6:00 All Games (BC)	21 10:45 Stability & Fall Prevention (WC) 11:00 Shopping at Kroger (Bus) 11:30 Men's Strength (WC) 1:00 Music, Fit & Bal W/Legacy (WC) 1:00 Bible Study (BC) 3:00 BINGO (BC) 6:00 All Games Night (BC)	22 9:30 Seated Strength Class (WC) 11:00 <u>Lunch at First Watch (Bus)</u> 11:00 Colored Pencil Class (GR) 3:30 Ener-Chi (WC) 4:00 Social Hour (Bistro)	23 10:30 Art for All (CS) 10:45 Stability & Fall Prevention (CS) 11:00 Shopping at Target (Bus) 11:30 Men's Strength (CS) 1:00 Music, Fitness, & Balance W/Legacy (WC) 3:00 BINGO W/ Legacy (BC) 4:00 Social Hour (Bistro) 6:00 All Games Night (BC)	24 9:30 Chair YOGA (WC) 11:00 Count Your Blessings (THTR) 1:30 Bocce Ball (CY) 3:30 Individual Workout Training (WC) 4:00 Social Hour (Bistro)	25 10:00 Chair Volleyball W/Nelly (WC) 10:35 Walk With Me (2nd Floor) 11:30 Pool Volleyball (Pool) 1:30 Pool & Shuffleboard (GRT) 3:00 BINGO (BC)
26 8:30 Lighthouse Chapel W/Pastor Bart (BC) 10:00 Newspaper & Coffee (BISTRO) 1:00 Pool & Shuffleboard (GRT) 2:00 <u>Open Duplicate Bridge (GR)</u> 3:00 Ice Cream Social (BISTRO)	27 Memorial Day 9:30 Seated Strength (WC) 10:15 Water Aerobics (Pool) Memorial Day Cookout 11-2 (CY) 1:00 Bridge (GR) 3:30 Individual Workout Training (WC) 4:00 Social Hour 6:00 All Games (BC)	28 10:45 Stability & Fall Prevention (WC) 11:00 Shopping at Kroger (Bus) 11:30 Men's Strength (WC) 1:00 Music, Fit & Bal W/Legacy (WC) 1:00 Bible Study (BC) 3:00 BINGO (BC) 4:00 Social Hour (Bistro) 6:00 All Games Night (BC)	29 9:30 Seated Strength Class (WC) 11:00 <u>Lunch at Oriental Gardens</u> (Bus) 11:00 Colored Pencil Class (GR) 2:00 Hearing Aid Check by Wayne Fenton (GRT) 3:00 Ener-Chi (WC) 4:00 Social Hour (Bistro)	30 10:30 Art for All (CS) 10:45 Stability & Fall Prevention (CS) 11:00 Shopping at HEB (Bus) 11:30 Men's Strength (CS) 1:00 Music, Fitness, & Balance W/Legacy (WC) 3:00 BINGO (BC) 4:00 <u>Birthday Celebration W/ Nathan Gordan (ROT/Bistro)</u> 6:00 All Games Night (BC)	31 9:30 Chair YOGA (WC) 11:00 Count Your Blessings (THTR) 1:30 Corn Hole (GRT) 3:30 Individual Workout Training (WC) 4:00 Social Hour (Bistro)	