

### Groovy, Baby!

Rock some flares with flair! April 5 is Bell Bottoms Day.


### See a Solar Eclipse

On April 8, millions of people in the U.S. will have the chance to witness the spectacle of a total solar eclipse, when the moon will pass in front of the sun and darken the sky. This astronomical event will span across the continent from Mexico to northeastern Canada. In the path of totality, the darkness will last up to 4 1/2 minutes, nearly twice as long as the total solar eclipse in 2017. Even those outside the main path can experience a partial eclipse, where the moon will partially block the sun.

Remember, you should never look directly at the sun during an eclipse event. Be sure to wear solar viewing glasses, use approved solar filters on cameras and binoculars, or view the eclipse indirectly with a pinhole camera.

### Reading Challenge: From Page to Screen

Many popular movies and TV series were books first. Whether a classic or a newly released title, choose a book with a screen adaptation. Read the story first, then watch the film or show. Invite friends to join you in this challenge so you can discuss the differences between the book and the adaptation.

Sunday	Monday	Tuesday
	1 9:30 Seated Strength (WC) 10:15 Water Aerobics (Pool) 1:00 Bridge (GR) 2:00 Yard Games (CY) 2:00 Movie Matinée 3:30 Individual Workout Training (WC) 4:00 Social Hour 6:00 All Games (BC) 6:30 Movie (THTR)	2 10:45 Stability & Fall Prevention (WC) 11:00 Shopping @ Kroger 11:30 Men's Strength (WC) 1:00 Bible Study (BC) 2:00 Activities Meeting (THTR) 3:00 BINGO (BC) 4:00 Social Hour (Bistro) 6:00 All Games Night (BC) 6:30 Movie (THTR)
7 8:30 Lighthouse Chapel W/Pastor Bart (BC) 10:00 Newspaper & Coffee (BISTRO) 1:00 Pool & Shuffleboard (GRT) 2:00 <u>Open Duplicate Bridge (GR)</u> 2:00 Movie (THTR) 3:00 Ice Cream Sunday (BISTRO) 6:30 Movie (THTR)	8 9:30 Seated Strength (WC) 10:15 Water Aerobics 1:00 Bridge (GR) 2:00 Yard Games (CY) 2:00 Movie Matinée (THTR) 3:30 Individual Workout Training (WC) 4:00 Social Hour 6:00 All Games Night (BC) 6:00 NCAA Men's Final Four Championship (THTR)	9 10:45 Stability & Fall Prevention(WC) 11:00 Shopping @ Kroger 11:30 Men's Strength (WC) 1:00 Bible Study (BC) 1:30 <u>FACE Concert</u> (Bus) 2:00 Movie Matinée(THTR) 3:00 BINGO W/Legacy (BC) 6:00 All Games Night(BC) 6:30 Movie (THTR)
14 8:30 Lighthouse Chapel W/Pastor Bart (BC) 10:00 Newspaper & Coffee (BISTRO) 1:00 Pool & Shuffleboard (GRT) 2:00 <u>Open Duplicate Bridge (GR)</u> 2:00 Movie (THTR) 3:00 Ice Cream Sunday (BISTRO) 6:30 Movie (THTR)	15 Art Show Starts 9:30 Seated Strength (WC) 10:15 Water Aerobics (Pool) 1:00 Bridge (GR) 1:00 Yard Bowling (CY) 2:00 Movie (THTR) 3:30 Individual Workout Training (WC) 6:00 Game Night (BC) 6:30 Movie (THTR)	16 10:45 Stability & Fall Prevention (CS) 11:00 Shopping at Kroger (Bus) 11:30 Men's Strength (CS) 1:00 Bible Study (BC) 2:00 Movie Matinée 3:00 BINGO (BC) 6:00 All Games Night (BC) 6:15 Movie (THTR)
21 8:30 Lighthouse Chapel W/Pastor Bart (BC) 10:00 Newspaper & Coffee (BISTRO) 1:00 Pool & Shuffleboard (GRT) 2:00 <u>Open Duplicate Bridge (GR)</u> 2:00 Movie (THTR) 3:00 Ice Cream Sunday (BISTRO) 6:30 Movie (THTR)	22 9:30 Seated Strength (WC) 10:15 Water Aerobics (Pool) 1:00 Bridge (GR) 1:00 <u>Earth Day Craft</u> (Bistro) 1:30 Corn Hole (GRT) 2:00 Movie (THTR) 3:30 Individual Workout Training (WC) 4:00 Social Hour (Bistro) 6:30 Movie (THTR)	23 10:45 Stability and Fall Prevention (WC) 11:00 Shopping at Kroger 11:30 Men's Strength (WC) 1:00 Bible Study (BC) 2:00 Movie (THTR) 3:00 BINGO W/Legacy (BC) 4:00 Social Hour (Bistro) 6:00 Game Night (BC) 6:30 Movie (THTR)
28 8:30 Lighthouse Chapel W/Pastor Bart (BC) 10:00 Newspaper & Coffee (BISTRO) 1:00 Pool & Shuffleboard (GRT) 2:00 <u>Open Duplicate Bridge (GR)</u> 2:00 Movie (THTR) 3:00 Ice Cream Sunday (BISTRO) 6:30 Movie (THTR)	29 9:30 Seated Strength (WC) 10:15 Water Aerobics (Pool) 1:00 Bridge (GR) 2:00 Yard Games (CY) 2:00 Movie Matinée 3:30 Individual Workout Training (WC) 4:00 Social Hour 6:00 All Games (BC) 6:30 Movie (THTR)	30 10:45 Stability & Fall Prevention (WC) 11:00 Shopping at Kroger 11:30 Men's Strength (WC) 1:00 Bible Study (BC) 2:00 Movie (THTR) 3:00 BINGO (BC) 4:00 Social Hour (Bistro) 6:00 Games Night (BC) 6:30 Movie (THTR)

Wednesday	Thursday	Friday	Saturday
<p>3 9:30 Seated Strength Class (WC) 10:00 <i>Town Hall</i> (DR) 11:00 <u>Lunch at Rock Fish</u> (BUS) 11:00 Colored Pencil Class (GR) 2:00 Movie Matinée (THTR) 3:30 <i>Ener-Chi</i> (WC) 6:30 Movie (THTR)</p>	<p>4 10:30 Art for All (CS) 10:45 Stability &amp; Fall Prevention (CS) 11:00 Shopping @ Dollar Tree (Bus) 11:30 Men's Strength 3:00 BINGO (BC) 4:00 <i>Birthday Celebration W/Brian Winfield</i> (Bistro/ROT) 6:00 All Games Night 6:30 Movie (THTR)</p>	<p>5 9:15 Walking Challenge Meeting (WC) 9:30 Chair YOGA (WC) 11:00 Count Your Blessings (THTR) 2:00 Movie (THTR) 3:30 Individual Workout Training (WC) 4:00 Social Hour 6:30 Movie (THTR)</p>	<p>6 9:45 Pool Volleyball (Pool) 10:30 Chair Volleyball (WC) <i>11:00 Book Club Meeting</i> (BC) 3rd Floor 11:00 Walk With Me (2nd Floor) 1:00 Mandala Art (CS) 2:00 Movie Matinée 3:00 BINGO (BC) 6:15 Movie (THTR)</p>
<p>10 9:30 Seated Strength Class (WC) 10:00 <i>Food Forum</i> (DR) 11:00 Colored Pencil Class (GR) 11:00 <i>Lunch @ Creekwood Grill/Arbor Gate Nursery</i> (Bus) 2:00 Movie Matinée (THTR) 3:30 <i>Ener-Chi</i> (WC) 4:00 Social Hour 6:30 Movie(THTR)</p>	<p>11 10:30 Art for All (CS) 10:45 Stability &amp; Fall Prevention (WC) 11:00 Shopping @HEB 11:30 Men's Strength (WC) 1:00 Yard Games (CY) 2:00 Movie (THTR) 3:00 BINGO (BC) 6:00 All Games Night (BC) 6:30 Movie (THTR)</p>	<p>12 9:30 Chair YOGA (WC) 11:00 Count Your Blessings (THTR) 1:30 Corn Hole (GRT) 2:00 Movie (THTR) 2:30 Bocce Ball (CY) 3:30 Individual Workout Training (WC) 4:00 Social Hour (Bistro) 6:30 Movie (THTR)</p>	<p>13 9:45 Pool Volleyball (Pool) 10:30 Chair Volleyball (WC) 11:05 Walk With Me (UL) 1:00 Mandala Art (CS) 1:30 Pool &amp; Shuffleboard (GRT) 2:00 Movie Matinee (THTR) 3:00 BINGO (BC) 6:30 Movie (THTR)</p>
<p>17 9:30 Seated Strength Class(WC) 11:00 Colored Pencil Class (GR) 11:00 <i>Shopping @ Trader Joe's</i> <i>2:00 Ambassador Meeting</i> (GRT) 2:00 Movie (THTR) 3:00 <i>Ener-Chi</i>(WC) 4:00 <i>Trivia W/Steven</i> 6:30 Movie (THTR)</p>	<p>18 10:00 <i>Spring Boutique by Craft Crowd</i> (ROT) 10:30 Art for All (CS) 10:45 Stability &amp; Fall Prevention (WC) 11:00 Shopping at Walmart 11:30 Men's Strength (WC) 2:00 Movie (THTR) 3:00 BINGO (BC) 6:00 All Games (BC) 6:30 Movie (THTR)</p>	<p>19 9:30 Chair YOGA (WC) 11:00 Count Your Blessings (THTR) 1:30 Corn Hole (GRT) 2:00 Movie (THTR) 3:00 Garden Club Meeting (Patio) 3:30 Individual Workout Training (WC) 4:00 Social Hour (Bistro) 6:30 Movie (THTR)</p>	<p>20 9:45 Pool Volleyball (Pool) 10:30 Chair Volleyball (WC) 11:05 Walk With Me (UL)(2nd Floor) 1:00 Mandala Art (CS) 1:30 Pool &amp; Shuffleboard (GRT) 1:30 <i>Kite Flying</i> (CY) 2:00 Movie Matinée (THTR) 3:00 BINGO (BC) 6:30 Movie (THTR)</p>
<p>24 9:30 Seated Strength (WC) 11:00 Colored Pencil Class (GR) 11:00 <i>Lunch @ Don Agave</i> 2:00 Movie Matinée <i>2:00 Prepare Donations for Hearts of Rescue</i> (Bistro) 3:30 <i>Ener-Chi</i> (WC) 3:30 <i>Putting Practice</i> (CY) 4:00 Social Hour 6:15 Movie (THTR)</p>	<p>25 10:30 Art for All (CS) 10:45 Stability &amp; Fall Prevention (WC) 11:30 Men's Strength (WC) 1:00 Yard Games (CY) 2:00 Movie Matinee (THTR) 3:00 BINGO (BC) 4:00 Social Hour (Bistro) 6:30 Movie (THTR)</p>	<p>26 9:30 Chair YOGA (WC) 11:00 Count Your Blessings (THTR) 1:30 Corn Hole (GRT) 2:00 Movie (THTR) 2:30 Bocce Ball (CY) 3:30 Individual Workout Training (WC) 4:00 Social Hour (Bistro) 6:30 Movie (THTR)</p>	<p>27 9:45 Pool Volleyball (Pool) 10:30 Chair Volleyball (WC) 11:05 Walk With Me (UL) 1:00 Mandala Art (CS) 1:30 Pool &amp; Shuffleboard (GRT) <i>1:30 Donation Delivery to Hearts of Rescue</i> 2:00 Movie (THTR) 3:00 BINGO (BC) 6:30 Movie (THTR)</p>
<p><b>FINAL</b> <b>OUR</b></p> 	<p><i>April</i></p>	<p><b>Building Locations</b> (ROT) Rotunda -1st Floor (DR) Dining Room - 1st Floor (Bistro) Lounge Area - 1st Floor (CY) Court Yard Patio - 1st Floor (UL) Upper Lounge - 2nd Floor (GRT) Great Room 2nd Floor Legacy - 2nd Floor Salon - 2nd Floor (WC) Wellness Center - Gym - 2nd Floor</p>	<p>(BC) Billiards &amp; Casino and BINGO Room - 3rd Floor (GR) Green Room - 3rd Floor (CS) Creative Studio - Art Room - 4th Floor Library - 4th Floor</p>